

PHYSICAL PROFILE

For use of this form, see AR 40-501; the proponent agency is the Office of the Surgeon General.

1. MEDICAL CONDITION: <i>(Description in lay terminology)</i> <input type="checkbox"/> INJURY? Or <input type="checkbox"/> ILLNESS/DISEASE? (1) List ALL profiling conditions in lay terms (2) Consolidate ALL PERMANENT conditions (3) Provide comment in Block 8 for each condition		2. CODES <i>(Table 7-2 AR 40-501)</i>	3. Temporary Permanent	P	U	L	H	E	S
4. PROFILE TYPE				YES					NO
a. TEMPORARY PROFILE <i>(Expiration date YYYYMMDD)</i>		<i>(Limited to 3 months duration)</i>		<input type="checkbox"/>					<input type="checkbox"/>
b. PERMANENT PROFILE <i>(Reviewed and validated with every periodic health assessment or after 5 years from the date of issue)</i>				<input type="checkbox"/>					<input type="checkbox"/>
5. FUNCTIONAL ACTIVITIES THAT EVERY SOLDIER REGARDLESS OF MOS MUST BE ABLE TO PERFORM. IF SOLDIER CANNOT PERFORM ANY ONE OF THESE TASKS, THEN THE PULHES MUST CONTAIN AT LEAST ONE "3" AND SOLDIER MUST BE REFERRED TO A MEB. CAN THE SOLDIER:									
FUNCTIONAL ACTIVITY:				YES					NO
a. Carry and fire individual assigned weapon?				<input type="checkbox"/>					<input type="checkbox"/>
b. Evade direct and indirect fire?				<input type="checkbox"/>					<input type="checkbox"/>
c. Ride in a military vehicle for at least 12 hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
d. Wear a helmet for at least 12 hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
e. Wear body armor for at least 12 hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
f. Wear load bearing equipment (LBE) for at least 12 hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
g. Wear military boots and uniform for at least 12 hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
h. Wear protective mask and MOPP 4 for at least 2 continuous hours per day?				<input type="checkbox"/>					<input type="checkbox"/>
i. Move 40lbs (for example, duffel bag) while wearing usual protective gear (helmet, weapon, body armor and LBE) at least 100 yards?				<input type="checkbox"/>					<input type="checkbox"/>
j. Live in an austere environment without worsening the medical condition?				<input type="checkbox"/>					<input type="checkbox"/>
6. APFT		YES	NO	ALTERNATE APFT <i>(Fill out if unable to do APFT run otherwise N/A)</i>		N/A	YES	NO	
2 MILE RUN		<input type="checkbox"/>	<input type="checkbox"/>	APFT WALK		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
APFT SIT-UPS		<input type="checkbox"/>	<input type="checkbox"/>	APFT SWIM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
APFT PUSH UPS		<input type="checkbox"/>	<input type="checkbox"/>	APFT BIKE		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
7. DOES THE SOLDIER MEET RETENTION STANDARDS IAW CHAPTER 3 AR 40-501?									
YES <input type="checkbox"/> NEEDS MMRB				NO <input type="checkbox"/> NEEDS MEB					
8. FUNCTIONAL LIMITATIONS AND CAPABILITIES AND OTHER COMMENTS:									
- 100% use of eProfile is MANDATED per ALARACT 055-11; must disenroll from prev. MTF to gain acct in Korea - BLOCK 1 Note: suggest using the following format i.e. Low Back Pain (L3); Lt Elbow Pain (Temp U2) exp 10/15/2005; Medication Side Effects (S2); Multiple conditions for same cat. (L3&L2) need to be spelled out i.e. Knee pain (L3) ankle pain (L2) great toe fx (Temp L3). - BLOCK 2: See Table 7-2, AR40-501 for selection. Only use Y or W code AFTER a MEB or MAR2(MMRB) is completed and letter from the board is uploaded in eProfile to prove board findings. If no letter, process for MEB/MAR2 as applicable. - BLOCK 3: "1" no defect; "2" slight defect; "3" significant defect; "4" detrimental defect (Table 7-1) - Functional limitations should match BLOCK 1 & 3. BLOCK 3 P3 is for systemic type cond., do not combine it with a U3 or L3 for the same condition. Limitations in this block are for ALL situations deployed or not. - Please view profile history in e-Profile to confirm inclusion of all applicable PUHLES deficits or write Temp & defer to PCM - Limitations such as "no field duty," or "no overseas duty," are not proper medical recommendations (AR40-501 para 7-3e). - Soldier's most current profile is the only valid profile; must be updated each time; NO multiple profiles. - MRDP/ Prognosis (recommendation of MEB usually by a specialty)/40-501 para. to cite disqualifying condition must be included in Block 8/AHLTA/NARSUM for MEB.									
<input type="checkbox"/> This temporary profile is an extension of a temporary profile first issued on _____									
9. NAME, GRADE & TITLE OF PROFILING OFFICER				10. SIGNATURE			11. DATE (YYYYMMDD)		
12. NAME & GRADE OF APPROVING AUTHORITY				13. SIGNATURE			14. DATE (YYYYMMDD)		
15. Commanders can access the electronic profiles of Soldiers in their unit(s) by going to http://www.mods.army.mil/ and clicking on eProfile in the list of applications. Commanders will be required to register and be approved in eProfile before they can gain access to profiles.									
16. PATIENT'S IDENTIFICATION				17. HOSPITAL OR MEDICAL FACILITY					
a. NAME: <i>(Last, First)</i> _____				All profiles must be submitted with a Patient Demographics Sheet so we can disposition the case.					
b. GRADE/RANK: _____									
c. SSN: _____									
d. UNIT: _____									
				18. PROFILING OFFICER E-MAIL					
				Ensure you don't have a gmail or hotmail acct here!!!					