

Services and Programs:

Tobacco Cessation Program:



“Ready To Quit” class is offered every Wednesday from 1000-1200 in Building 5447 South Post next to the Commissary. This motivational class benefits include:

Information about medications,
Counseling by a Registered Nurse,
Support from fellow quitters,
Appointment with a Physician
Prescription medications (Chantix,
Xyban and Nicotine Patches).
For additional information or to
enroll, please contact Public Health
Nurses at **737-1751/1746**

Pregnant Postpartum Physical

Fitness (P3T): This program is an adjunct to the post mandatory physical fitness training program. Pregnant Soldiers are provided education for self-care during pregnancy, as well as skills to parent and care for their newborns. In accordance with AR 40-501 paragraph 7-9, (7), upon confirmation of pregnancy, Commanders will enroll their pregnant Soldiers into pregnancy PT (if the program is available at their installation). The P3T is in operation from 0630-0730 Monday, Tues., Wed, and Friday. For more information please call **737-1751/1746/1318**

Tuberculosis (TB) Clinic: The TB clinic is responsible for evaluating all positive TB skin test of military, beneficiaries and DOD civilians 18 yrs and older. In addition, this clinic manages the care of clients with TB infection (non-infectious TB) and TB disease. Clients are seen by appointment only by calling **737-1751/1736/1571**

Child Youth Services (CYS):

Public Health Nurses serve as health consultants to the CYSS providing Special Needs Accommodation Program (SNAP) reviews and coordination with EFMP services. For child enrollment Information, call **736-5036/3015**

Travel Clinic: Our goal as APHN is to provide quality preventive travel medicine by providing active duty Service Members on leave, Military Retirees, & Military Family members on leave or on accompanied PCS orders with the knowledge and the ability to be in charge of their own wellness outside of the Peninsula and the United States. APHN provides a complete consultation with pre-travel evaluation, vaccination review and prescriptions for administration. The Clinic is open for business every Tues and Thursdays by appointment only.

Note: The Public Health Travel Clinic does not see any patients under 18 years old. They must be seen in the Pediatrics Clinic. Please schedule appointments 3 weeks prior to your actual travel. Please contact the Public Health Nurse in your specific area.

SURVEILLANCE PROGRAMS:

Our surveillance program covers all reportable diseases in accordance with military regulations, local, state, and federal laws. Our program involves HIV notification and counseling, TB monitoring, including direct observation therapy when required, as well as the monitoring and reporting of various other diseases such as rabies, Salmonella, Hanta Virus, Influenza and STI's.

Health Promotion:

Disease prevention is our goal. There are eleven nurses on staff in Army Public Health Nursing Services to educate our military beneficiaries and DOD employees regarding lifestyle behaviors that encourage health promotion. This goal can be met through providing disease prevention and intervention classes on topics such as hypertension, heart disease, cancer and infectious diseases. In addition Army Public Health Nursing service is available to support unit-sponsored health fairs with health education materials and cholesterol screenings. For more information or to request a class for your unit or group please call **737-1751/1746/1736**

USFK prides itself on being a trained, ready, joint and combined force community. Therefore if you have a health related need and it is not available through your clinic, Public Health Nurses will help you contact the service or agency that you need.

Other Services Offered:

- Health Briefings by request
- STI Briefings by request
- Leaders health training class
- Soldier Self Care Briefings

Monthly Health Observances & Health Fair Events such as:

- Breast Cancer Awareness
- Heart Health Awareness
- Great American Smokeout
- Retiree Appreciation Day
- World AIDS Day
- Month of the Military Child
- Prostate Cancer Awareness



ARMY PUBLIC HEALTH NURSING

Mission: To provide essential Public Health Nursing services in Deployed, Field and Garrison Environments.

Vision: The most competent, disciplined and combat ready Medical Brigade in the Army

Location: Located in building 5447 South Post next to the Commissary, Yongsan, Korea

APHN

ONE SERVICE – 4 LOCATIONS

Hours of operation: 0800 -1630.

Public Health Nursing Services in your Area:

Area I: Camp Casey 730-6796

Area II: Yongsan 737-1751

Area III: CP Humphreys 753-8355

Area IV: Camp Walker 764-4347/4344



*Leading the Way to a
Ready and Healthy
Community
USFK*